

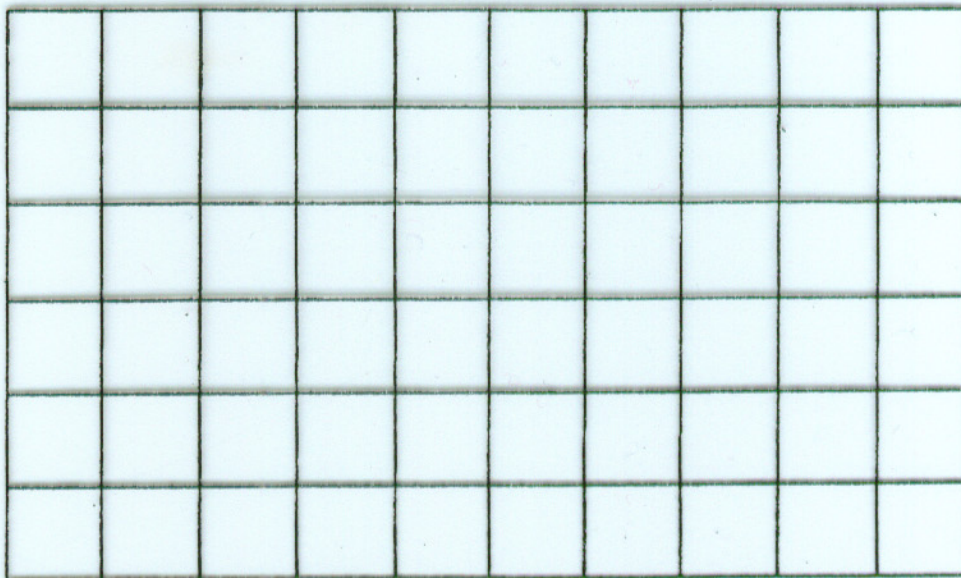
Stitch Estimation Guide

How To Use This Guide

Lay the grid on your artwork and count the *total* number of squares covered by the design. Then find the corresponding number of squares in the table below to determine the estimated number of stitches. Be sure to include additional stitches for overlay portions of the design (i.e. text on top of filled areas).

For those portions of your design which do not fill an entire grid box, you may count the percentage of the fill for that box and add the figure to your total stitch estimation. For example, if a grid box is only half filled by your design, you may count half of the 400 stitches, or 200 stitches, toward your final stitch estimation.

When estimating text copy, anticipate an average of 125 stitches for a one-quarter inch letter. For borders and lines, 1 inch of satin stitch averages 450 stitches while 1 inch of running stitch averages 100 stitches.



1	400	11	4,400	21	8,400	31	12,400	41	16,400	51	20,400
2	800	12	4,800	22	8,800	32	12,800	42	16,800	52	20,800
3	1,200	13	5,200	23	9,200	33	13,200	43	17,200	53	21,200
4	1,600	14	5,600	24	9,600	34	13,600	44	17,600	54	21,600
5	2,000	15	6,000	25	10,000	35	14,000	45	18,000	55	22,000
6	2,400	16	6,400	26	10,400	36	14,400	46	18,400	56	22,400
7	2,800	17	6,800	27	10,800	37	14,800	47	18,800	57	22,800
8	3,200	18	7,200	28	11,200	38	15,200	48	19,200	58	23,200
9	3,600	19	7,600	29	11,600	39	15,600	49	19,600	59	23,600
10	4,000	20	8,000	30	12,000	40	16,000	50	20,000	60	24,000

Please Note: This guide is for estimation purposes only. Other variables such as type of fabric, garment color, overlays and logo dynamics may affect final stitch count. Contact your representative for more details.